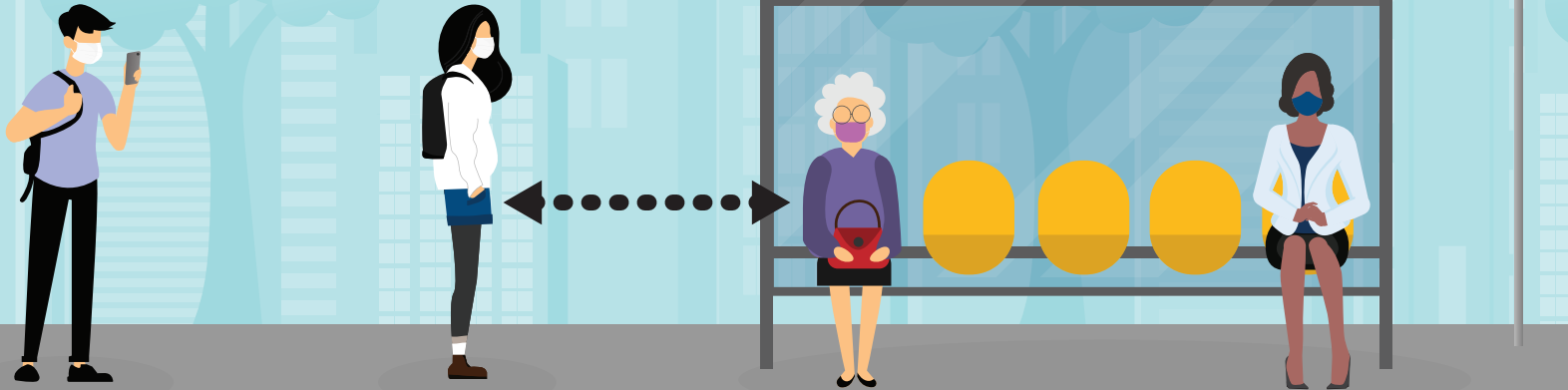


# Help Protect Yourself and Others from COVID-19

## Practice Social Distancing



Stay 6 feet (2 arm lengths) from other people.

## And Wear a Mask



Be sure it covers your nose and mouth to help protect others.  
You could be infected and not have symptoms.



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)